



## Regulated Activity

Rule 14, part B of the Health, Safety and Safeguarding Rulebook 2016

**Regulated activity** is defined as any role where the person is expected on a regular or frequent basis to:

- Teach, train, coach, instruct or otherwise educate a child / children / adult at risk;
- Work unsupervised with the child / children / adult at risk;
- Have responsibility for the child / children / adult at risk;
- Have responsibility for supervising, commissioning, or managing anyone who has responsibility for a child / children / adult at risk; or,
- Have responsibility for discipline or welfare of a child / children / adult at risk.

This includes volunteers and those who are remunerated for their time / services. Examples would include, but are not limited to, the following positions:

- District Commissioner
- Centre Proprietor / Manager
- Committee member
- Child Protection Officer
- Training Co-ordinator
- Chief Instructor / Trainer
- Coach
- Mentor
- First Aid Officer
- Camp or Team Supervisor
- Any adult supervising children / adults at risk overnight

A person is not considered to be carrying out regulated activity if she / he is supervised at all times or is not in contact with children / adults at risk at all.

**Supervision** is defined as “in full sight and sound at all times”.

Examples of roles which are not regulated activity include:-

- Adults who prepare and sell refreshments
- Jump judges
- Competition judges who do not interact with the children / adults at risk
- General stewards who do not interact with the children / adults at risk
- Parents who only help their own child

**Regular** contact is defined as carrying out the activity once or more per week.

**Frequent** contact is defined as carrying out the activity four times or more in a 30 day period.

**N.B.** This is not with the same child or adult at risk, but with any child other than your own.

**Overnight** supervision is anyone who is with a group of children / adults at risk between the hours of 2am and 6am regardless of whether she / he is officially “on duty”, awake or asleep.